



## The Amazing Pace Daily Step Log

August, 2011			
Day	Date	Steps	Average Daily Steps
Mon	1		
Tue	2		
Wed	3		
Thu	4		
Fri	5		
Sat	6		
Sun	7		
Mon	8		
Tue	9		
Wed	10		
Thu	11		
Fri	12		
Sat	13		
Sun	14		
Mon	15		
Tue	16		
Wed	17		
Thu	18		
Fri	19		
Sat	20		
Sun	21		
Mon	22		
Tue	23		
Wed	24		
Thu	25		
Fri	26		
Sat	27		
Sun	28		
Mon	29		
Tue	30		
Wed	31		
<b>Month Total</b>			



### The Amazing Pace Daily Step Log

<b>September, 2011</b>			
<b>Day</b>	<b>Date</b>	<b>Daily Steps</b>	<b>Average Daily Steps</b>
Thu	1		
Fri	2		
Sat	3		
Sun	4		
Mon	5		
Tue	6		
Wed	7		
Thu	8		
Fri	9		
Sat	10		
Sun	11		
Mon	12		
Tue	13		
Wed	14		
Thu	15		
Fri	16		
Sat	17		
Sun	18		
Mon	19		
Tue	20		
Wed	21		
Thu	22		
Fri	23		
Sat	24		
Sun	25		
Mon	26		
Tue	27		
Wed	28		
Thu	29		
Fri	30		
Sat	1		
<b>Month Total</b>			